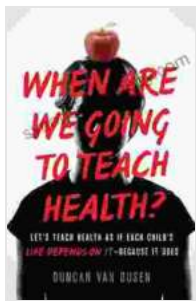


When Are We Going to Teach Health?

The Shocking Truth About Our Failing Health Education System

In her groundbreaking book, *When Are We Going to Teach Health?*, Dr. Miriam Alexander exposes the shocking truth about our failing health education system. She argues that our schools are failing to teach students the essential health knowledge and skills they need to make healthy choices throughout their lives.



When Are We Going to Teach Health? : Let's Teach Health as If Each Child's Life Depends on It – Because

It Does by Duncan Van Dusen

★★★★☆ 4.6 out of 5

Language	: English
File size	: 14223 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 171 pages
Lending	: Enabled



Dr. Alexander's research shows that most health education programs in the United States are woefully inadequate. They often focus on outdated information, emphasize scare tactics, and fail to provide students with the skills they need to make healthy choices. As a result, our students are

graduating from high school without the knowledge and skills they need to live healthy lives.

The consequences of our failing health education system are devastating. Our children are suffering from obesity, diabetes, and other chronic diseases at alarming rates. They are also more likely to engage in risky behaviors, such as smoking, drinking, and unprotected sex. These problems are not only harming our children's health, but they are also costing our society billions of dollars each year.

Dr. Alexander argues that we need to overhaul our health education system. We need to start teaching health education in elementary school and continue it through high school. We need to focus on teaching students the essential knowledge and skills they need to make healthy choices. And we need to provide teachers with the resources and support they need to be effective.

When Are We Going to Teach Health? is a wake-up call for our nation. It is time to demand that our schools teach our children the essential health knowledge and skills they need to live healthy lives.

What the Experts Are Saying

"Dr. Alexander's book is a must-read for anyone who cares about the health of our children. She provides a clear and concise overview of the problems with our current health education system and offers practical solutions for how to fix it."

- Dr. David Satcher, former Surgeon General of the United States

"When Are We Going to Teach Health? is a powerful indictment of our failing health education system. Dr. Alexander's research is impeccable, and her arguments are persuasive. This book is a must-read for anyone who wants to improve the health of our children."

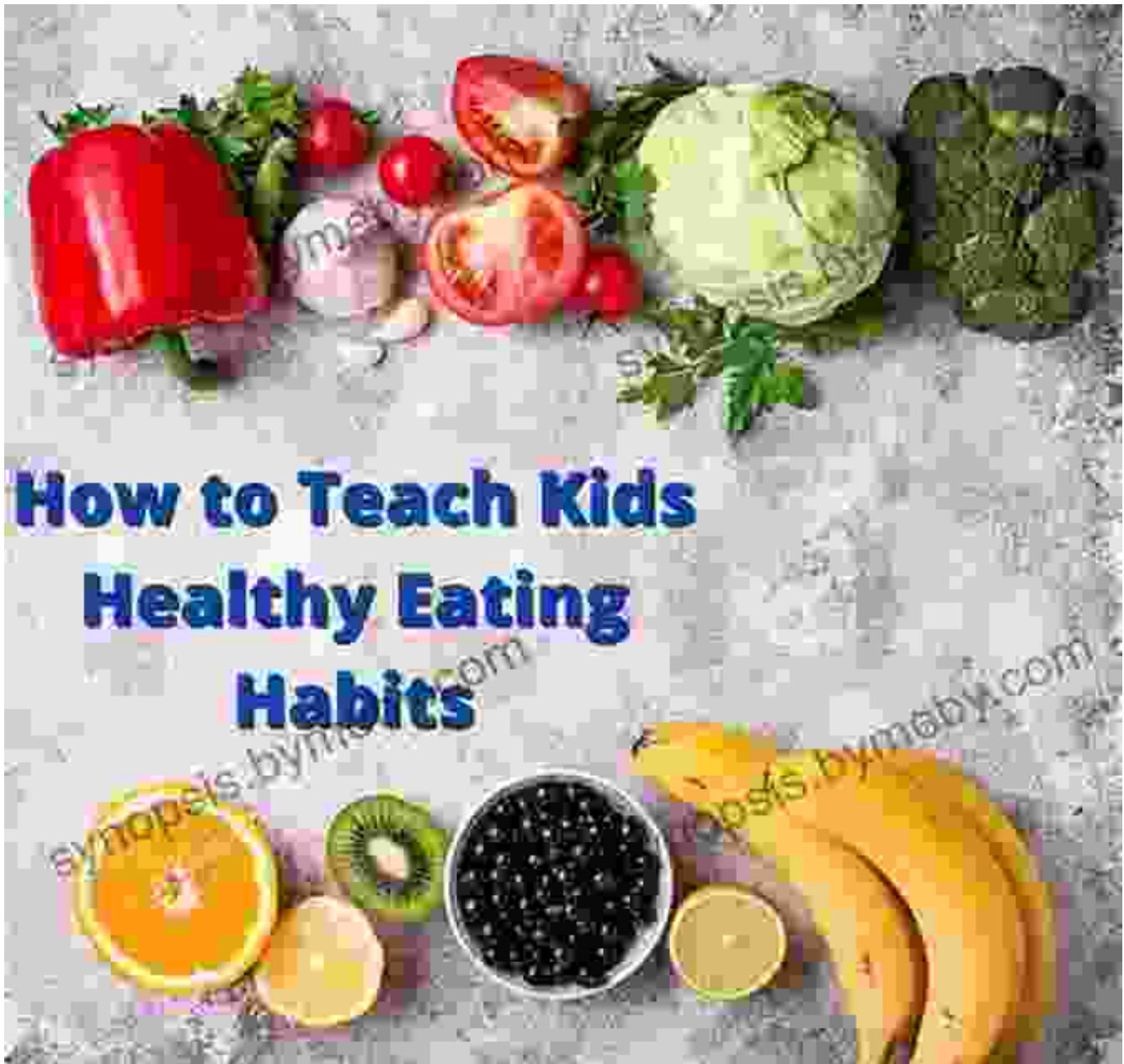
- Dr. Walter Willett, Professor of Epidemiology and Nutrition, Harvard School of Public Health

"Dr. Alexander's book is a wake-up call for our nation. It is time to demand that our schools teach our children the essential health knowledge and skills they need to live healthy lives."

- Dr. Richard Carmona, former Surgeon General of the United States

Free Download Your Copy Today

When Are We Going to Teach Health? is available now from all major booksellers. Free Download your copy today and start making a difference in the health of our children.

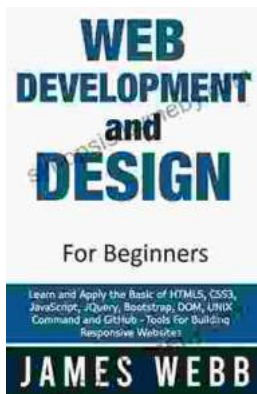


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