

How to be a Long-Term Thinker in a Short-Term World



The Long Game: How to Be a Long-Term Thinker in a Short-Term World by Dorie Clark

★★★★☆ 4.6 out of 5

Language	: English
File size	: 3662 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 239 pages



In the fast-paced world of today, it can be difficult to think beyond the immediate future. We are constantly bombarded with distractions, and it can be hard to focus on anything that doesn't have immediate relevance to our lives. But if we want to achieve success, both in our personal lives and in our careers, it is essential to develop a long-term mindset.

Long-term thinking is the ability to consider the future consequences of our actions and decisions. It is about looking beyond the immediate gratification and focusing on what will benefit us in the long run. It is about being strategic and planning for the future, rather than simply reacting to events as they happen.

There are many benefits to being a long-term thinker. For one, it can help us to make better decisions. When we think about the future consequences of our actions, we are more likely to make choices that will benefit us in the long run. For example, we may be more likely to save money instead of spending it all immediately, or we may be more likely to invest in our education or career.

Long-term thinking can also help us to achieve our goals. When we set long-term goals, we give ourselves something to strive for and we are more likely to take action to achieve those goals. For example, if we want to lose weight, we may be more likely to stick to a diet and exercise plan if we think about the long-term benefits of weight loss, such as improved health and longevity.

Of course, long-term thinking is not always easy. It can be difficult to think beyond the immediate future and to resist the temptation to focus on the present moment. But with practice, it becomes easier to think long-term and to reap the benefits of doing so.

How to Become a Long-Term Thinker

Here are some tips on how to become a long-term thinker:

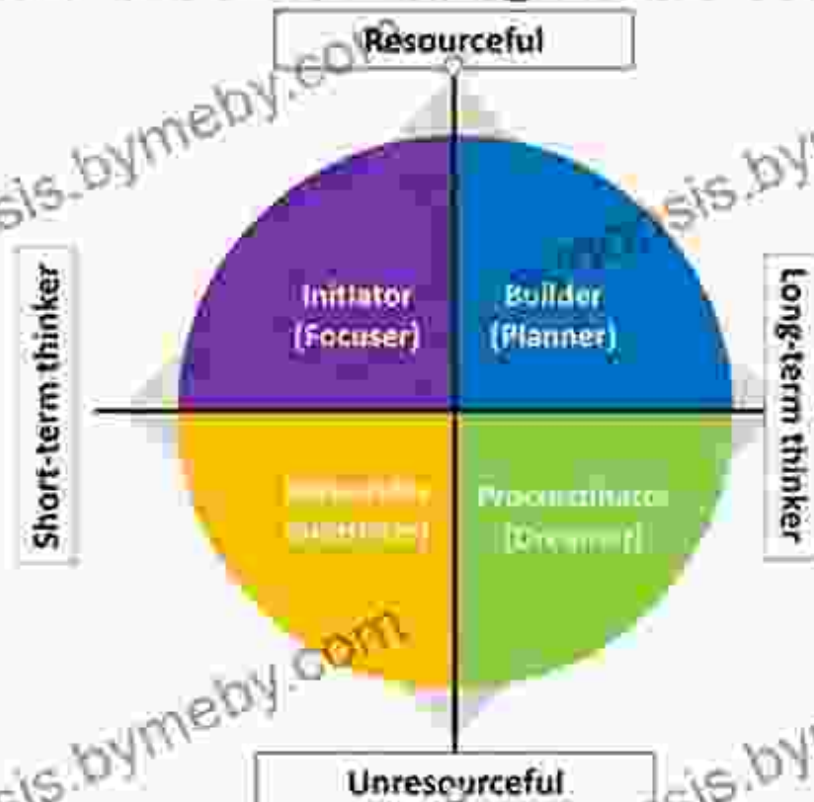
1. **Think about the future consequences of your actions.** Before you make any decision, take some time to think about how it will affect you in the future. Consider both the positive and negative consequences, and weigh the benefits and risks of each option.
2. **Set long-term goals.** What do you want to achieve in your life? What are your dreams and aspirations? Once you have set some long-term goals, you can start to make plans to achieve them.

3. **Break down your goals into smaller steps.** Long-term goals can seem daunting, so it is helpful to break them down into smaller, more manageable steps. This will make them seem less overwhelming and more achievable.
4. **Take action towards your goals.** Once you have a plan, start taking action towards your goals. Even small steps can make a big difference over time.
5. **Be patient and persistent.** Long-term thinking requires patience and persistence. Don't get discouraged if you don't see results immediately. Just keep working hard and eventually you will achieve your goals.

Developing a long-term mindset is essential for success in both our personal lives and our careers. By learning to think long-term, we can make better decisions, achieve our goals, and create a more fulfilling life for ourselves.

If you want to learn more about long-term thinking, I recommend reading the book "How to Be a Long-Term Thinker in a Short-Term World" by Dorie Clark. This book provides a wealth of practical advice on how to develop a long-term mindset and achieve your goals.

Short-term vs Long term Thinker



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Additional Resources

- [How to Be a Long-Term Thinker in a Short-Term World](#) by Dorie Clark
- [The Benefits of Long-Term Thinking](#) by Psychology Today
- [10 Ways to Become a Long-Term Thinker](#) by Lifehack



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